Seventh Annual Symposium “The Collective Soul”
The University of Texas MD Anderson Cancer Center
Department of Palliative, Rehabilitation, and Integrative Medicine
Institute for Spirituality and Health

“Living the Integration of Spiritual Care into our Daily Practice”… Touching the spirit re-enchanting the soul in the body

Course Directors: Marvin Omar Delgado-Guay MD, Eduardo Bruera MD
Course Executive Manager: Deanna Cuello

Advanced Course Advisory Committee: Marvin Omar Delgado-Guay MD, John Graham MD, Steve Thorney MDiv, Eduardo Bruera MD, Carolyn Holmes APRN, Kimmie Tallie APN, Gale Kennebrew MDiv, Cletus Udoh, MDiv, Morvan O. Hall, DMin, Regina Pair Allen MDiv, MHSA, BCC, Stuart Nelson and Deanna Cuello.
Administrative Support: Elida Galan

Spirituality and religiosity are recognized as factors that contribute to quality of life and coping strategies in many persons facing life-threatening illnesses. These life-threatening events can also give rise to spiritual distress. When combined with chronic or acute pain and other physical and psychological symptoms, spiritual distress can be a component of a patient’s total suffering which the palliative care team (The Collective Soul) seeks to alleviate, enhancing the human spirit and creating a healing environment in the middle of the distressful situation. The purpose of this advanced course is to provide a better understanding of the Palliative Care Team’s role in enhancing the Human spirit and relieving patient’s bio-psychosocial and spiritual suffering.

Date: February 9th and 10th, 2018
Registration Fee: $150.00 (includes breakfast, lunch and reception)
All students: (Needs to write a statement of the reasons to assist to the symposium) $75.00
MD Anderson Employees: $100.00

Audience:
This important educational event is aimed at chaplains, ministers, clergy, spiritual care counselors, nurses, social workers and other health care professionals delivering spiritual care in the community and healthcare facilities.
Certificate for Attendance, CEUs, will be provided

Event Focus:
The purpose of this educational event is to provide community-based, hospital, chaplains, ministers and other interested healthcare professionals with skills for a better understanding of the Palliative Care Team role; embracing the human spirit of patients with advanced illness, multiple physical, psychosocial, spiritual, and religious issues.
Attendees at this conference will learn the principles of Palliative Care and Hospice, the state-of-the-art of physical, emotional, and spiritual symptom management. Effective communication with patients and families at the end of life. The integration of spiritual care into the Palliative Care practice.

**Objectives of the Symposium:**
Describe the importance and the role of the Interdisciplinary Team in the Palliative Care and Hospice setting in the care of patients with advanced illnesses and their family in a multicultural environment.
Describe the principles of management of different distressing Physical symptoms of patients with advanced illnesses.
Describe the principles of management of Distressing Emotional and Spiritual symptoms in patients with advanced illnesses and their families.

**Speakers:**
The 2018 Steve Thorney Lecture in Spiritual Care
Farr Curlin MD
Duke University
Durham, NC.

The University of Texas MD Anderson Cancer Center:
Regina Pair Allen MDiv, MHSA, BCC
Chaplain
Department of Spiritual Care and Education

Martha Aschenbrenner, LPC, MA
Sr. Counseling Associate
Department of Palliative, Rehabilitation, and Integrative Medicine

Sujin Ann-Yi, PhD
Instructor
Department of Palliative, Rehabilitation, and Integrative Medicine

Karen Baumgartner MSN, APRN
Advanced Practice Provider
Department of Palliative, Rehabilitation, and Integrative Medicine

Eduardo Bruera, MD
Professor and Chair
Department of Palliative, Rehabilitation, and Integrative Medicine

Alejandro Chaoul, PhD
Assistant Professor
Department of Palliative, Rehabilitation, and Integrative Medicine
Seventh Annual Symposium “The Collective Soul”
The University of Texas MD Anderson Cancer Center
Department of Palliative, Rehabilitation, and Integrative Medicine
Institute for Spirituality and Health

Luke Coulson, LCSW
Social Worker
Department of Palliative, Rehabilitation, and Integrative Medicine

Marvin Omar Delgado-Guay MD
Associate Professor
Department of Palliative, Rehabilitation, and Integrative Medicine

Steven Findley MDiv, BCC
Chaplain
Department of Spiritual Care and Education

Diana Guzman, LPC
Counseling Associate
Department of Palliative, Rehabilitation, and Integrative Medicine

Carolyn Holmes, APRN
Advanced Practice Provider
Department of Palliative, Rehabilitation, and Integrative Medicine

Gale F. Kennebrew, DMin, BCC, ACPE
Director
Department of Spiritual Care and Education

Kevin Madden MD
Assistant Professor
Department of Palliative, Rehabilitation, and Integrative Medicine

Suresh Reddy MD
Professor
Department of Palliative, Rehabilitation, and Integrative Medicine

Ishwaria Subbiah, MD
Associate Professor
Department of Palliative, Rehabilitation, and Integrative Medicine

Marieberta Vidal MD
Assistant Professor
Department of Palliative, Rehabilitation, and Integrative Medicine

Guest Speakers:

Ali Candir
Institute for Spirituality and Health Houston TX

Jose Cedillo MDiv
Seventh Annual Symposium “The Collective Soul”
The University of Texas MD Anderson Cancer Center
Department of Palliative, Rehabilitation, and Integrative Medicine
Institute for Spirituality and Health

UTMB Galveston  Galveston, TX
Rev. Dr. Carla Cheatham, MA, MDiv, PhD., TRT
Heart to Heart Hospice, Austin TX

Rev. Gena Davis
Jana Din

John Graham MD
Institute for Spirituality and Health  Houston TX

Geshe Denma Gyaltsen, Doctor of Bon Buddhist Philosophy
Ligmincha Texas  Houston TX
Hope Lipnick, MA, LPC, CHTP
Institute for Spirituality and Health  Houston TX

Stuart Nelson,
Institute for Spirituality and Health  Houston TX

Susana McCollom
Institute for Spirituality and Health  Houston TX

Sarath Menon, EdD
University of Houston Houston TX

David M. Steinhorn, MD
Children’s National Medical Center Washington, DC

Linda Tavel MD
Texas Home Health and Hospice  Houston TX

Paul Robertson
Memorial Hermann  Houston TX
# Seventh Annual Symposium “The Collective Soul”

The University of Texas MD Anderson Cancer Center  
Department of Palliative, Rehabilitation, and Integrative Medicine  
Institute for Spirituality and Health

## Course Curriculum and Agenda

**Friday- February 9th, 2018**

<table>
<thead>
<tr>
<th>Time</th>
<th>Title of the Lecture</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 - 8:00 am</td>
<td>Registration and Breakfast</td>
<td></td>
</tr>
<tr>
<td>8:05 - 8:15 am</td>
<td>Welcome</td>
<td>Eduardo Bruera, MD and Marvin Omar Delgado-Guay MD</td>
</tr>
<tr>
<td>8:15 - 8:30 am</td>
<td>Invocation/Blessings</td>
<td>Regina Pair Allen MDiv, MHSA, BCC</td>
</tr>
<tr>
<td>8:30 - 9:15 am</td>
<td>Caring for patients with advanced illness the importance of an Early integration of Palliative Care in their care.</td>
<td>Eduardo Bruera, MD</td>
</tr>
</tbody>
</table>
| 9:15 - 10:00 am | Embracing compassionate relationships in our daily journey... with ourselves, with the others, with the sacred | Marvin Omar Delgado-Guay MD  
Martha Aschenbrenner LPC, MA,  
Luke Coulson, LCSW,  
Regina Pair Allen MDiv, MHSA, BCC |
| 10:00 - 10:15 am | Break                                                                               |                                                                         |
| 10:15 - 10:20 am | Introduction of the Steve Thorney Award Lecture to Farr Curlin, MD                   | Eduardo Bruera, MD and Marvin Omar Delgado-Guay MD                      |
| 10:20 - 11:20 am | The 2018 Steve Thorney Lecture in Spiritual Care  
Exploring ethical, clinical, and spiritual dilemmas found while caring for patients with advanced and terminal illness. Are we prepared to deal with them? | Farr Curlin, MD                                                        |
| 11:20 - 12:30 pm | Suffering and Healing; the paradigm of living life.  
Different cultural and religious perspectives | Moderator: Marvin Omar Delgado-Guay MD  
Christian: Jose Cedillo M.Div. BCC, ACPE  
Islam: Ali Candir  
Jewish: Hope Lipnick  
Hindu: Sarath Menon, EdD  
Buddhism: Geshe Denma Gyaltsen |
| 12:30 – 12:40 | Gibberish: A Fun Way to Relieve Stress, Increase Self-Confidence, and Team Build     | Stephen Findley, MDiv BCC                                               |
| 12:40 - 1:40 pm | Lunch and Music Performance                                                           | (Music) Stuart Nelson and Cyrus Wirls                                    |

**WORKSHOP A (SALON 1-3) (1:45 – 5:30 PM)**  
**WORKSHOP B (SALON 4-6) (1:45 – 5:30 PM)**
# Seventh Annual Symposium “The Collective Soul”

The University of Texas MD Anderson Cancer Center  
Department of Palliative, Rehabilitation, and Integrative Medicine  
Institute for Spirituality and Health  
Course Curriculum and Agenda

**Friday- February 9th, 2018**

## WORKSHOP A

<table>
<thead>
<tr>
<th>Time</th>
<th>Title of the Lecture</th>
<th>Speaker</th>
</tr>
</thead>
</table>
| 1:45 - 2:30 pm | The Palliative Care Team (The Collective Soul) creating healing connections in suffering. | Regina Pair Allen MDiv, MHSA, BCC  
Martha Aschenbrenner MA, LPC  
Luke Coulson, LCSW  
Caroline Holmes APRN |
| 2:30 – 3:15 pm | Ups, Downs, and In-Betweens: Spatial Metaphors at the End of Life                     | Stuart Nelson                                                                                  |
| 3:15 – 4:00 pm | Ministry to a Salient Population: Latinos in our healthcare systems.                  | Jose Cedillo M.Div. BCC, ACPE                                                                  |
| 4:00 – 4:10 pm | **Break**                                                                            |                                                                                               |
| 4:10 – 4:50 pm | Caring for Family Members and Caregivers of patients with advanced and terminal illnesses | Marieberta Vidal MD and Diana Guzman LPC                                                       |
| 4:50 – 5:30 pm | A difficult task to do… to write a Letter to Death… living with advanced and terminal illnesses. | Gale Kennebrew MDiv                                                                           |

## WORKSHOP B

<table>
<thead>
<tr>
<th>Time</th>
<th>Title of the Lecture</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:45 - 2:30 pm</td>
<td>Harmony and Health: adaptation of a mind-body intervention for African American Christians</td>
<td>Alejandro Chaoul PhD</td>
</tr>
<tr>
<td>2:30 – 3:15 pm</td>
<td>Near Death Experiences – Clinical Implications of caring patients with severe illnesses.</td>
<td>Stephen Findley, MDiv BCC</td>
</tr>
<tr>
<td>3:15 – 4:00 pm</td>
<td>Psychological distress among patients with advanced and terminal illnesses</td>
<td>Sujin Ann-Yi PhD</td>
</tr>
<tr>
<td>4:00 – 4:10 pm</td>
<td><strong>Break</strong></td>
<td></td>
</tr>
<tr>
<td>4:10 – 4:50 pm</td>
<td>The care of kids with parents with advanced and terminal illness.</td>
<td>Martha Aschenbrenner MA, LPC</td>
</tr>
</tbody>
</table>
| 4:50 – 5:30 pm | Working together to decreased suffering: clinicians and spiritual/religious care leaders | Rev. Dr. Carla Cheatham, MA, MDiv, PhD, TRT  
Linda Tavel MD                                                                                      |
| 5:30 - 6:30 pm | **Reception**  
Music Performance                                                                  |                                                                                               |
### Course Curriculum and Agenda

#### Saturday-February 10th, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Title of the Lecture</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 - 8:00 am</td>
<td>Registration and Breakfast</td>
<td></td>
</tr>
<tr>
<td>8:00 - 8:05 am</td>
<td>Welcome: Remarks of the day</td>
<td>Marvin Omar Delgado-Guay, MD</td>
</tr>
<tr>
<td>8:05 – 8:20 am</td>
<td>Invocation</td>
<td>David M. Steinhorn, MD and Jana Din</td>
</tr>
<tr>
<td>8:20 – 8:50 am</td>
<td>Yoga Mass</td>
<td>John Graham MD And Rev. Gena Davis</td>
</tr>
<tr>
<td>8:50 - 9:30 am</td>
<td>A soul that also suffers…Caring for Kids with advanced and terminal illnesses</td>
<td>Kevin Madden, MD and Stephen Findley MDiv</td>
</tr>
<tr>
<td>9:30 – 10:10 am</td>
<td>Caring the broken spirit of patients with advanced illness in time of crisis. The Harvey Experience</td>
<td>Ishwaria Mohan Subbiah MD</td>
</tr>
<tr>
<td>10:10 - 10:20 am</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>10:20 – 11:00 am</td>
<td>When someone deeply listens to you, a journal of gratitude living with a life-threatening illness.</td>
<td>Paul Robertson</td>
</tr>
<tr>
<td>11:00 – 11:40 am</td>
<td>The role of Mindfulness-based interventions on Spiritual Distress and other symptoms in patients with advanced illnesses.</td>
<td>David M. Steinhorn, MD and Jana Din</td>
</tr>
<tr>
<td>11:40 - 12:10 pm</td>
<td>Touching our own spirit in our daily journey</td>
<td>Susana McCollom</td>
</tr>
<tr>
<td>12:10 pm</td>
<td>Adjourn, Evaluation</td>
<td></td>
</tr>
</tbody>
</table>

All statements and opinions contained herein are solely those of the individual speakers and may not reflect those of The University of Texas MD Anderson Cancer Center.