



Thirteenth Annual **The Collective Soul Symposium**

Live Internet Activity

Being a Channel of Peace and Hope for Those in Suffering.
Spiritual Care in Our Daily Practice

March 1 - 2, 2024

THE UNIVERSITY OF TEXAS
**MD Anderson
Cancer Center**

Making Cancer History®

Institute
ISH for Spirituality
and Health
AT THE TEXAS MEDICAL CENTER

For more information, visit <https://www.spiritualityandhealth.org/events/collectivesoul2024>

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INTRODUCTION

Spirituality and religiosity are recognized as factors that contribute to quality of life and coping strategies in many persons facing life-threatening illnesses. These life-threatening events can also give rise to spiritual distress. When combined with chronic or acute pain and other physical and psychological symptoms, spiritual distress can be a component of a patient's total suffering, which the Palliative Care Team (The Collective Soul) seeks to alleviate, enhancing the human spirit and creating a healing environment in the middle of the distressful situation. The purpose of this course is to provide a better understanding of the Palliative Care Team's role in enhancing the Human spirit and relieving patient's bio-psychosocial and spiritual suffering.

DESCRIPTION

The purpose of this virtual educational event is to provide community-based, hospital, chaplains, ministers and other interested healthcare professionals with skills for a better understanding of the Palliative Care Team role; embracing the human spirit of patients with advanced illness, multiple physical, psychosocial, spiritual, and religious issues.

Attendees at this conference will learn the principles of Palliative Care and Hospice, the state-of-the art of physical, emotional, and spiritual symptom management; effective communication with patients and families at the end of life; and the integration of spiritual care into the Palliative Care practice.

EDUCATIONAL OBJECTIVES

- Describe the important role that interdisciplinary teams play when caring for patients with advanced illnesses in a multicultural environment in the Palliative Care and Hospice setting;
- Apply the principles of management of different distressing Physical symptoms of patients with advanced illnesses.; and
- Describe managing distressing emotional and spiritual symptoms in patients with advanced illnesses and their families.

TARGET AUDIENCE

This activity is aimed at physicians (MD or DO), Physician Assistant, Nurse (APRN, RN, and LVN), Social Workers; as well as, Chaplains, Ministers, Clergy, Spiritual Care Counselors, and Other Healthcare Professionals.

SPECIALTY

Hospice and Palliative Medicine

EDUCATIONAL METHODS

- Didactic/Lecture
- Question and Answer Sessions
- Panel Discussions
- Case Presentations

EVALUATION/CERTIFICATES

An online course evaluation tool will provide participants with the opportunity to comment on the value of the program content to their practice decisions, performance improvement activities, or possible impact on patient health status. Participants will also have the opportunity to comment on any perceived commercial bias in the presentations as well as to identify future educational topics. Certificates provided upon completion of symposium evaluation.

ACCREDITATION/CREDIT STATEMENT



In support of improving patient care, The University of Texas MD Anderson Cancer Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

CREDIT DESIGNATION

The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 10.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 10.75 credit(s) of education in medical ethics and/or professional responsibility.

The University of Texas MD Anderson Cancer Center designates this live activity will award 10.75 Nursing Contact Hour(s)

The University of Texas MD Anderson (CEU Provider #4607) is an approved continuing education provider for Social Workers through the Texas State Board of Social Worker Examiners. This activity has been approved for 10.75 continuing education units.



The University of Texas MD Anderson Cancer Center has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 10.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

The 2024 Steve Thorney Lecture in Spiritual Care Award Recipient

George Fitchett, DMin, BCC, PhD

Professor and the Director of Research
Department of Religion, Health, and
Human Values
Rush University Medical Center
Chicago, Illinois



FORMER RECIPIENTS

Christina Puchalski, MD

Professor and Director
George Washington Institute for
Spirituality for Spirituality and Health
George Washington University
Washington, District of Columbia

Tracy A. Balboni, MD, MPH

Associate Professor and Clinical Director
Supportive and Palliative Radiology Oncology
Dana-Farber/Harvard Cancer Center
Boston, Massachusetts

Rev. George Handzo, BCC, CSSB

Director
Health Services Research & Quality
HealthCare Chaplaincy Network:
Caring For The Human Spirit™
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John K. Graham, MD

President & CEO
Institute of Spirituality and Health
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Farr A. Curlin, MD

Josiah C. Trent Professor of Medical Humanities
Co-Director, Theology, Medicine and Culture
Initiatives at Duke Divinity School
Duke University
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Director and Professor
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Daniel P. Sulmasy, OFM, MD, PhD

Professor, Biomedical Ethics
Senior Research Scholar, Kennedy Institute of Ethics
Georgetown University
Washington, District of Columbia

Eduardo Bruera, MD, FAAHPM

Chair, Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center
Houston, Texas

Karen E. Steinhauser, PhD

Professor, Population Health Services and Medicine
Associate Chief, Research Palliative Care
Duke University Medical Center
Durham, North Carolina

AGENDA



Thirteenth Annual **The Collective Soul Symposium**

Being a Channel of Peace and Hope for Those in Suffering. Spiritual Care in Our Daily Practice

Friday, March 1, 2024

NOTE: All time is in Central Standard Time (CST)

8:00-8:15 a.m.	Welcome and Opening Remarks <i>Marvin Omar Delgado-Guay, MD, FAAHPM</i>	2:20-3:00 p.m.	A Silent Scream that Needs A Voice and Care: Servicing Caregivers and Family Members in Suffering <i>Cynthia Johnson, MDiv, BCC</i>
8:15-8:30 a.m.	Invocation/Blessings <i>Ali Haider, MD</i> <i>Suresh Reddy, MD</i> <i>Reverend Steve Thorney, MDiv, BCC, MA</i> <i>Donna Zhukovsky, MD, FACP, FAAHPM</i>	3:00-3:40 p.m.	"Everything Stopped After My Loved One Died." Supporting Caregivers in the Grief and Bereavement Process <i>John K. Graham, MD, PhD, DMin</i> <i>Kerry Horrell, PhD</i>
8:30-9:10 a.m.	Palliative Care: A Human Right for All. Relieving Suffering in Patients with Advanced Illness <i>Eduardo Bruera, MD, FAAHPM</i>	3:40-3:50 p.m.	Break
9:10-9:50 a.m.	Embracing Compassion and Spirituality in Our Daily Practice. Intensive Caring in Action <i>Marvin Delgado Guay, MD, FAAHPM</i>	3:50-4:30 p.m.	The Compassionate Balance in Serving Patients with Advanced and Terminal Illness in Suffering and Caring for Ourselves. The Collective Soul in Action <i>Marvel Bartley, MSRN, RN CMSRN, FNP-C</i> <i>Kimmie Tallie, RN, MSN, FNP-C</i> <i>Avery Virgilio, MS, APRN, FNP-C, ACHPN-C</i> <i>Sujin Ann-Yi, PhD, LMFT</i>
9:50-10:00 a.m.	Introduction of the 2024 Steve Thorney Award Lecture to George Fitchett DMin, BCC, PhD <i>Marvin Omar Delgado-Guay, MD, FAAHPM</i> <i>Eduardo Bruera, MD</i>	4:30-5:00 p.m.	A Healing Laugh for the Soul: Laughter Yoga <i>Stephen M. Findley, MDiv, CLYT, BCC</i>
10:00-11:00 a.m.	The 2024 Steve Thorney Lecture in Spiritual Care: Quantifiable Assessment of Spiritual Concerns of Palliative Care Patients with the PC-7 <i>George Fitchett, DMin, BCC, PhD</i>	5:00 p.m.	Adjourn <i>Marvin Omar Delgado-Guay, MD, FAAHPM</i>
11:00-11:10 a.m.	Break		
11:10-11:50 a.m.	Harmonizing Hope, Peace, and Control in the Life of Patients with Advanced Illness <i>Anne Vandenhoeck, PhD</i>		
11:50 a.m.-1:10 p.m.	Supporting Different Religious Perspectives About Life, Illness and Care Decision-Making and Death. A Panel Discussion Islam: <i>Shaykh Basem Hamed, MD</i> Jewish: <i>Rabbi Dan Gordon</i> Hindu: <i>Smitha G Mallaiah, MS, C-IAYT</i> Buddhist: <i>Alejandro Chaoul, PhD</i> Christian: <i>Cletus Udoh, MA, BCC</i>		
1:10-1:40 p.m.	Lunch		
1:40-2:20 p.m.	Approaching Ethical, Clinical, and Spiritual Dilemmas Found While Caring for Patients with Advanced and Terminal Illness <i>Sylvia Klauser, PhD, BCC, ACPE-CE</i>		

All statements and opinions contained herein are solely those of the individual speakers and may not reflect those of The University of Texas MD Anderson Cancer Center.

AGENDA



Thirteenth Annual **The Collective Soul Symposium**

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Saturday, March 2, 2024

NOTE: All time is in Central Standard Time (CST)

- 8:00-8:05 a.m. **Welcome and Opening Remarks**
Marvin Omar Delgado-Guay, MD, FAAHPM
- 8:05-8:15 a.m. **Invocation/Blessings**
Richard W. Bauer, MM, BCC, MSW
- 8:15-9:05 a.m. **Living the Integration of Spiritual Care for Children in Suffering**
Richard W. Bauer, MM, BCC, MSW
- 9:05-9:45 a.m. **"I Guess You Have to Be Here." What Happens When One Healthcare System Eliminates 13 Chaplain Jobs in One Day?**
Paul Galchutt, MPH, MDiv, BCC
Csaba Szilagyi, MDiv, MLA, MS
- 9:45-10:25 a.m. **Embracing Palliative/Clinical Care and Spiritual Care in Our Communities**
Asa W. Roberts, Jr., DMin, MDiv, BCC
- 10:25-10:30 a.m. **Break**
- 10:30-11:10 a.m. **A Melody for Your Soul. Music Therapy for Patients with Advanced and Terminal Illness**
Ingrid S. Moeller, MA, MT-BC
- 11:10-11:50 a.m. **Integrative Medicine Approaches to Alleviate Spiritual Pain and Distress of Patients Living with Advanced Illnesses in A Multicultural Environment.***
Gabriel Lopez, MD
- 11:50 a.m.-12:20 p.m. **The First Flowers of the Season: Creating Peace Through Literary and Narrative Art**
Marcia Brennan, PhD
- 12:20-12:30 p.m. **Adjourn and Evaluation**
Marvin Omar Delgado-Guay, MD, FAAHPM

The University of Texas MD Anderson Cancer Center has implemented a process whereby everyone who is in a position to control the content of an educational activity must disclose all financial relationships with any commercial interest that could potentially affect the information presented. Specific disclosure will be made to the participants prior to the educational activity.

Agendas are subject to change because we are always striving to improve the quality of your educational experience. MD Anderson may substitute faculty with comparable expertise on rare occasions necessitated by illness, schedule conflicts, and so forth.

Photographing, audio taping and videotaping are prohibited.

The University of Texas MD Anderson Cancer Center does not endorse the commercial products, equipment, or services presented by program supporters and/or exhibitors.

Please let us know what specific topics, issues or questions you wish to see addressed or emphasized in this activity. E-mail Continuing Professional Education. All responses will be forwarded to the Activity Directors for consideration.

***Pre-recorded Lecture:**

Integrative Medicine Approaches to Alleviate Spiritual Pain and Distress of Patients Living with Advanced Illnesses in A Multicultural Environment.*

Gabriel Lopez, MD

**No education credits afforded for this pre-recorded lecture.*

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SPEAKERS



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MD ANDERSON SPEAKERS

Sujin Ann-Yi, PhD

Associate Professor
Palliative, Rehabilitation and Integrative Medicine

Marvel Bartley, MSRN, RN, CMSRN, FNP-C

Advanced Practice Provider
Palliative, Rehabilitation, and Integrative Medicine

Eduardo Bruera, MD, FAAHPM

Chair
Palliative, Rehabilitation and Integrative Medicine

Marvin Omar Delgado-Guay, MD, FAAHPM

Activity Director
Professor
Palliative, Rehabilitation and Integrative Medicine

Ali Haider, MD

Associate Professor
Palliative, Rehabilitation and Integrative Medicine

Sylvia Klauser, PhD, BCC, ACPE-CE

Senior Chaplain
Department of Spiritual Care and Education

Gabriel Lopez, MD

Associate Professor
Palliative, Rehabilitation, and Integrative Medicine

Smitha G Mallaiah, MS, C-IAYT

Sr. Mind-Body Intervention Specialist
Palliative, Rehabilitation, and Integrative Medicine

Ingrid S. Moeller, MA, MT-BC

Music Therapist
Palliative, Rehabilitation and Integrative Medicine

Suresh K. Reddy, MD

Section Chief & Director of Education
Palliative, Rehabilitation and Integrative Medicine

Kimmie Tallie, RN, MSN, FNP-C

Supervisor, Advanced Practice Provider
Palliative, Rehabilitation, and Integrative Medicine

Avery Virgilio, MS, APRN, FNP-C, ACHPN-C

Advanced Practice Provider
Palliative, Rehabilitation, and Integrative Medicine

Donna S. Zhukovsky, MD, FAAHPM

Professor
Palliative, Rehabilitation, and Integrative Medicine

GUEST SPEAKERS

Richard W. Bauer, MM, BCC, MSW

George Washington University
Washington, District of Columbia

Marcia Brennan, PhD

Rice University
Houston, Texas

Alejandro Chaoul, PhD

The Jung Center's Mind Body Spirit Institute
Houston, Texas

Stephen M. Findley, MDiv, CLYT, BCC

The Shakha Zone
Houston, Texas

George Fitchett DMin, BCC, PhD

Rush University
Chicago, Illinois

Paul Galchutt, MPH, MDiv, BCC

University of Minnesota Medical Center
Minneapolis, Minnesota

Rabbi Dan Gordon

Temple Beth Torah
Houston, Texas

John K. Graham, MD, PhD, DMin

The Institute for Spirituality and Health
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Shaykh Basem Hamid, MD

Wasat Institute
Houston, Texas

Kerry Horrell, PhD

The Menninger Clinic
Houston, Texas

Cynthia A. Johnson, MDiv, BCC

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Asa W. Roberts, Jr., DMin, MDiv, BCC

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Csaba Szilagyi, MDiv, MLA, MS

John Hopkins Howard County Medical Center
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Steve Thorney, MDiv, MA

Retired Chaplain
Houston, Texas

Cletus Udoh, MA, BCC

Harris Health System
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Anne Vandehoeck, PhD

KU Leuven University
Leuven, Belgium

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Marian Taylor, DNP, RN, CMSRN
Reverend Steve Thorney, MDiv, BCC, MA
Chaplain Cletus Udoh, MA, BCC,
Avery Virgilio, MS, APRN, FNP-C, ACHPN-C

Registration Information

Live Internet Event

The two-day Collective Soul Symposium will begin on Friday, March 1, 2024, with Opening Remarks at 8:00 a.m. and will adjourn for the day at 5:00 p.m. The symposium will reconvene on Saturday, March 2, 2024, at 8:00 a.m. and adjourn at 12:30 p.m. Advanced registration is encouraged.

Course registration includes on-line materials, presentation video recordings and PowerPoint presentations.

To Register, visit: www.SpiritualityAndHealth.org/events/CollectiveSoul2024

When registering online a receipt/confirmation letter will be automatically e-mailed to the e-mail address you list on the registration form.

Registration Fees

Physician Fee:	\$150.00
Symposium Fee:	\$ 75.00
<small>(Physicians, Chaplains, Ministers, Clergy, Spiritual Care Counselors, Nurses, Social Workers and Healthcare Professionals)</small>	

Students:	\$ 50.00*
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* Students needing assistance will need to write a statement of the reasons.

